CLUB DIRECTIONS

USTA Billie Jean King National Tennis Center
City View
Columbia University
Harlem Armory Tennis Center
Manhattan Plaza Racquet Club
Roosevelt Island Racquet Club

Alley Pond Tennis Center

Sportime @ Randall's Island

Cunningham Tennis Center

New York Tennis Club

Queens College

Westside Tennis Club at Forest Hills

Mill Basin Health & Racquet Club

Prospect Park Tennis Center

Stadium Tennis Center at Mill Pond Park

The Club of Riverdale

<u>USTA Billie Jean King National Tennis Center</u>

Flushing Meadows, Queens (718) 760 6200 www.usta.com

By Subway: Take the IRT #7 Flushing subway to the Shea Stadium / Willets Point Station. The Tennis Center is about a three-minute walk down the ramp from the station.

By Railroad: The Long Island Railroad Port Washington branch departs from Penn Station to the USTA Billie Jean King National Tennis Center (Shea Stadium / Willets Point Station). Contact the railroad for schedule information at (718)217-5477.

By Car:

From Manhattan: Take the Triborough/Robert F Kennedy Bridge to the Grand Central Parkway (East). Travel approximately three miles until the I-678/RT-25A E/Northern Blvd exit -- toward the Whitestone Bridge (it's exit #9E). Then take the RT-25A E/Northern Blvd ramp toward Shea Stadium. At the exit ramp, make a right onto Stadium Road. Take that road straight until the second stop sign, where you will then take a left. The Tennis Center will be located on your right.

From Brooklyn:

Take the Jackie Robinson Parkway to the Grand Central Parkway (West). Travel three miles toward the Triboro Bridge, exit at the Flushing Meadows/Corona Park/Tennis Center (it's exit #9P). At the end of the exit ramp make a left. Then at stop sign make a right onto Meridan Road. The Tennis Center is located on your right.

From Long Island: Take the Long Island Expressway/I-495W to exit number 22A, which is the Grand Central Parkway (West). Travel half a mile toward the Triboro Bridge, exit at the Flushing Meadows/Corona Park/Tennis Center (exit #9P). At the end of the exit ramp make a left. Then at stop sign make a right onto Meridan Road. The Tennis Center is located on your right.

-or-

Take the Long Island Expressway/I-495W, and exit just before the Grand Central Parkway, at College Point Blvd. Take College Point Blvd. to Avery Avenue, and make a left onto Avery Avenue. Go to the corner stop sign and make a right. Follow that road until you get to a stop sign and make another right. Go straight and the Tennis Center is located on your left.

City View

43-34 32nd Place Long Island City NY 11101 (718) 389-6252 http://cityviewracquet.com

by Subway:

7 train to 33rd Street/Rawson. Walk down to the street and cross Queens Blvd. Walk back to 32nd Place and make a right. The entrance is on your left.

by Car:

Manhattan:

Queensboro Bridge (59th Street Bridge), Upper level. Keep to the left for Queens Blvd. and make a left at the light onto Thompson. At the next light, make a left onto Skillman Avenue and then a right onto 32nd Place. The entrance is on your right.

Queens/Long Island:

Long Island Expressway to Van Dam Street. Make a right onto Van Dam and cross over Queens Blvd. At the end of the block, make a right onto Skillman and a right onto 32^{nd} Place.

Columbia University/Dick Savitt Tennis Center

575 West 218th Street New York, NY 10034 (212) 942-7100

By Subway: Broadway-Seventh Avenue IRT Local (No. 1 train) to 215th Street, walk to 218th street and turn left crossing over Broadway. Walk about three blocks up 218th street. You'll see Football Stadium on your right and Seaman Avenue on your left. Driveway to the tennis center is on your right directly across Seaman Avenue. Walk down driveway and go all the way to the back. Walk is less than 10 minutes from the subway.

By Car:

From Manhattan: Henry Hudson Parkway (West Side Highway) north to Exit 17 -- Dyckman Street, and proceed east to Broadway (first major intersection). Make a left on Broadway and go 20 blocks to 218th Street. Turn left at 218th Street. You'll see Football Stadium on your right and Seaman Avenue on your left. Just past the stop sign, turn right into Driveway to the tennis center (directly across from Seaman Avenue). Drive down driveway and go all the way to the back. Tennis center is there with parking.

Alternate Route from Triboro/Robert Kennedy Bridge or FDR: Take the Harlem River Drive north. After the 155th Street exit, stay in the right lane toward Dyckman Ave.; do NOT get in the left lane towards George Washington Bridge. After the split, continue approx. 1.5 miles to the first traffic light at Dyckman Ave. Bear left onto Dyckman. Continue straight about 5 blocks & turn right onto Broadway. Go 20 blocks to 218th Street. Turn left at 218th Street. You'll see Football Stadium on your right and Seaman Avenue on your left. Just past the stop sign, turn right into Driveway to the tennis center (directly across from Seaman Avenue). Drive down driveway and go all the way to the back. Tennis center is there with parking.

From Queens and Long Island: Take Long Island Expressway to Clearview Expressway north, or Northern State Parkway/Grand Central Parkway to Cross Island Parkway north, to Throgs Neck Bridge. Bear left after toll for Cross Bronx Expressway (I-95) South. Take the Henry Hudson Parkway (West Side Highway) north to the second exit, Dyckman Street and go 20 blocks to 218th Street. Turn left at 218th Street, go about 3 blocks. You'll see Football Stadium on your right and Seaman Avenue on your left. Driveway to the tennis center is on your right directly across from Seaman Avenue. Drive down driveway and go all the way to the back. Tennis center is there with parking.

Alternate Route from LI or Westchester. Major Deegan to 230th Street in the Bronx. If you are traveling north on Major Deegan or I-87, take a left at the end of the ramp and cross the expressway. If you are traveling south on the Major Deegan, turn right away from the highway. This street going west will end at Broadway in about a half a block at a light. Take a left on Broadway and shortly you will cross the Harlem River Bridge into Manhattan. Take the first right after the bridge onto 218th St. After 3 blocks, you'll see the Football Stadium on your right and Seaman Avenue on your left. Just past the stop sign, turn right into Driveway to the tennis center (directly across from Seaman Avenue). Drive down driveway and go all the way to the back. Tennis center is there with parking.

Harlem Armory Tennis Center

143rd Street between Lenox and Fifth Ave. (212)281-5431

By Subway: Take #3 train to 145th Street (*you must be in one for the first 4 cars to get off at 145th St.*). Walk south to 143rd Street, and turn left. Entrance to the Armory is halfway down the block, on the right.

By Car:

Manhattan:

FDR North to exit 21 (E. 135th Street). Make a right onto Lenox and a right onto 143rd Street. Armory is on the right.

Queens/Long Island:

Grand Central Parkway to the Triborough/Robert Kennedy Bridge. Take I-278 East (Major Deegan) to Exit 3 (E. 138th Street). Make a left onto E. 138th Street and go over the Madison Avenue Bridge. Make a right onto Lenox, and a right onto 143rd Street.

Manhattan Plaza Racquet Club

Phone: 212 594 0554

450 West 43rd Street, between Ninth & Tenth Avenues

(Front door is just east of the Food Emporium, next to florist.)

Parking: after 5:00 pm, parking lot is \$4 for up to 4 hours. Note: parking ticket **must**

be validated by tennis club staff for special rate.

By Subway: A/C/E to 42nd Street/Port Authority; or 1/2/3/7/N/Q/R/S/W to 42nd Street/Time Square. Five minute walk to the club from subway.

Sportime @ Randall's Island

www.sportimeny.com/randallsisland One Randall's Island New York NY 10035

Tel: (212) 427-6150

Randall's Island Shuttle Bus: **You must call to reserve 24 hours in advance.
Randall's Island runs a shuttle bus, the cost is \$10 each way. Do not pay the driver.
Payment for the shuttle is made at the front desk (if you take the shuttle to Randall's, pay upon arrival). If you are returning home on the shuttle, purchase a round-trip, and show the driver the receipt upon boarding.

The shuttle will pick up on the northeast corner of 3rd Avenue at the following times:

	Weekdays	Sunday:
72 nd Street	7:00pm	6:20pm
77 th Street	7:05pm	no pick up at this location
79 th Street	7:10pm	6:25pm
86 th Street	7:15pm	6:30pm
96 th Street	7:20pm	6:35pm
arrival at Sportime	7:45pm	7:00pm

By Car:

Manhattan:

Take the FDR Drive to the RFK Bridge (formerly Triborough Bridge). Stay to the left and, after the toll, take the exit for Randall's Island. Follow the signs to the Tennis Center.

Queens/Brooklyn/Long Island:

Take the Grand Central Parkway to the RFK Bridge. Stay to your left. After paying the toll, take the exit for Randall's Island. Follow the signs to the Tennis Center.

By Subway/Bus: (Use as a last resort – the bus stop is remote and dark) Take the 4/5/6 to 125th Street. Transfer to the M35 bus to Randall's Island

Roosevelt Island Racquet Club

www.rirctennis.com 281 Main Street Roosevelt Island, NY 10044 Tel: (212) 935-0250

By Subway: F train to Roosevelt Island stop. Exit subway, turn left; club is about 100 yards up the road, under the bridge.

By Tram (from Manhattan): Take the tram from 59 Street and 2nd Ave. Turn left out of tram; club is under the bridge

By Car:

Queensboro Bridge: From the lower roadway: Make first right; go 2 blocks and turn right onto 43rd Avenue; go 4 blocks to 21st Street; right onto 21st Street; proceed north to 36th Avenue; turn left onto 36th Avenue; go 7 blocks to the Roosevelt Island Bridge. From the upper roadway (easier): bear right over the bridge; take ramp to 21st Street; turn right off ramp onto 21st Street; proceed north to 36th Avenue; turn left into 36th Avenue; go 7 blocks to the Roosevelt Island Bridge (see below)

Midtown Tunnel: First exit make a right onto Borden Avenue (towards river) to Vernon Blvd; right onto Vernon to 36th Avenue; left onto Roosevelt Island Bridge (see below)

RFK (formerly Triboro) Bridge: First exit off bridge in Queens; quick right onto 29th Street; go one block and then turn right onto Astoria Blvd; left onto 21st Street and proceed south to 36th Avenue and turn right; straight about 7 blocks onto Roosevelt Island Bridge (see below)

Long Island Expressway: LIE westbound towards the Midtown Tunnel; exit at Van Dam Street (last exit before toll); go straight and follow under elevated expressway along the service road; make right at Vernon Blvd; take Vernon north along the river and under the Queensboro Bridge; Make left at 36th Avenue onto the Roosevelt Island Bridge (see below)

Brooklyn Queens Expressway: BQE to LIE westbound; (see above)

Grand Central Parkway (westbound): Exit at Hoyt Avenue (last exit before toll); stay on service road to 21st Street; turn left onto 21st Street and proceed south to 36th Avenue; make right onto 36th Avenue; straight 7 blocks onto Roosevelt Island Bridge (see below)

From Roosevelt Island Bridge: Proceed past the guardhouse and down the ramp to Main Street; turn left and go through town; make left after soccer field; make first right; directly under the Queensboro Bridge club parking lot is on the right; make first right after bridge; additional parking lot is on the left; club is around the corner on right.

Alley Pond Tennis Center

www.alleypondtenniscenter.com
Alley Pond Tennis Center
79-20 Winchester Blvd
Queens Village, NY 11427

Tel: 718.264.2600

By Public Transportation:

Take the E or F train to Union Turnpike. Take the Q46 LTD bus to Winchester Avenue. (approx. 35 minutes on the Q46).

QM1A – North Shore Towers. This is an express bus from Midtown. Cost: \$5 http://www.mta.info/busco/schedules/qm001cur.pdf

By Car:

Manhattan: Midtown-Take Queens Midtown Tunnel. Take exit #27 towards Hillside Ave (RT-25) onto I-295 South. Take exit #2 towards Union Turnpike East. Turn Left on Union Turnpike. Turn Left on Winchester Blvd. Tennis Center on Left.

Brooklyn: Downtown- BQE/ I-278 E. I-495/ Long Island Expressway exit- exit number 35. Merge onto I-495 E. Take exit #27 towards Throgs Neck Bridge/RT-25/Hillside Ave. Merge onto Clearview Expressway/I-295 S via Exit 27S on the Left toward Grand Central Parkway/RT-25/Hillside Ave. Merge onto Grand Central Parkway East via Exit 1 toward Eastern LI. Take the Winchester Blvd exit- Exit 23- toward Alley Park. Turn Right onto Winchester Blvd. Tennis Center on Left.

Long Island: Grand Central Parkway to the Clearview Expressway/Alley Pond exit. Follow straight ahead to Union Turnpike. Make a left onto Union Turnpike. At the 2nd light, make a left onto Winchester and then a left into the parking lot.

Cunningham Tennis Center

196-00 Union Turnpike Fresh Meadows, New York 11366 718-740-6800

By Car:

Manhattan: Midtown Tunnel to LIE East. LIE to Clearview Expy SOUTH. Clearview to Exit #2 Union Turnpike. Right turn at bottom of ramp. Pass 2 lights; make left turn into large parking lot. Clubhouse on left side of lot.

Long Island: Northern State Parkway/Grand Central Parkway. West to Exit 20A (Francis Lewis Blvd. North). Left turn at the first light (Union Turnpike). Pass one light; make left turn into large parking lot.

Brooklyn/Staten Island: Belt Parkway. East to Cross Island Parkway North. CIP to Grand Central Parkway West. Then follow Long Island directions above.

Upstate NY/Bronx: NYS Thruway to Deegan Expwy South. Deegan to Triboro Bridge. Triboro to Queens/Grand Central Pkwy EAST. GCP to Exit 20A. Then follow Long Island directions above. *ALTERNATE ROUTE*: Throgs Neck Bridge to Clearview Expwy South to Exit 2 (Union Turnpike). Then follow Manhattan directions above.

New York Tennis Club

www.newyorktennisclub.com 3081 Harding Avenue Bronx NY 10465 (718) 239-7916

By Public Transportation:

Express bus (BXM9) to Harding Avenue & Pennyfield. The express bus cost \$5 one-way. Please visit http://www.mta.nyc.ny.us/busco/schedules/bxm9cur.pdf for schedule and stops.

By Car:

Queens:

Take the Throgs Neck Bridge and keep to the right as you approach the toll booths. Immediately after the toll booths, take the Pennyfield Avenue exit. Turn left at the overpass onto Pennyfield. At the light, stay straight on Pennyfield. At the stop sign, turn left onto Harding. The club is immediately on the left.

Manhattan/Bronx/Westchester:

Head towards the Throgs Neck Bridge. Take the Harding Avenue exit – it's right before the toll booth. Turn left and then an immediate right onto Harding. The club is on the right side, just before the stop sign.

Queens College Tennis Center:

65-30 Kissena Blvd. Flushing NY 11367-1597 (718) 997-2771

By Public Transportation:

LIRR or #7 train to Main Street. Take the Q25, Q25-34, Q34 or Q17 bus to the College Main entrance.

E/F/G/R subway to 71st and Continental Avenue. Exit at the North side 70th Ave & 108th Street. Take the Q64 to Kissena Blvd. and Jewel Avenue. Walk North 1 block to the campus.

By Car:

Manhattan:

Take the LIE East to Exit 24 (Kissena Blvd.). Immediately go to the far right lane, and turn right almost a U-turn) onto Reeves Avenue. Make the first 1st left onto campus through Gate 3. Make the 1st right, go past the gym and then turn right and park in front of the bubble.

Long Island:

Take the LIE West to Main Street. Make a left at the light and cross over the expressway. Make a left onto Reeves Avenue. Turn right onto campus through Gate 3. Make the 1st right, go past the gym and then turn right and park in front of the bubble.

Westside Tennis Club at Forest Hills

1 Tennis Place Forest Hills, NY 11375 Phone: 718-268-2300 www.foresthillstennis.com

By Subway: E, F, R, or V trains to 71st (Continental) Avenue Station. Leave station at 71st Avenue, south side of Queens Boulevard exit.

Walk south on 71st Avenue towards the L.I. Railroad underpass (2 blocks). Walk under the overpass and immediately turn right on Burns Street. Walk one block and turn left on Tennis Place; the Club entrance is on the right.

By Railroad: The Forest Hills Station of the LIRR is within two blocks of The West Side Tennis Club. Go to MTA website for schedules.

By Car:

Manhattan: Queensboro (59th Street) Bridge to Queens.
Follow signs for Queens Blvd. Queens Blvd. to 71st (Continental) Avenue.
Right onto 71st Avenue and proceed three blocks to Dartmouth Street. Right onto Dartmouth Street, proceed one block to Tennis Place and make a right.

Alternate Route: Triborough Bridge to the Grand Central Parkway. Go to Exit 11 –
Jewel Avenue. The exit ramp puts you on a street parallel with the expressway. Turn right at end of the exit ramp (69th Road). Follow 69th Road to 108th Street. Turn left on

108th St. and proceed directly across Queens Blvd. onto 71st Continental Avenue. Proceed three blocks and turn right onto Dartmouth Street. Proceed one block to Tennis Place and make a right.

Long Island (North Shore): Long Island Expressway to Van Wyck Expressway South. Take Van Wyck Expressway south to Jewel Avenue exit. Turn right at end of the exit ramp (69th Road). Follow 69th Road to 108th Street.

Turn left and proceed directly across Queens Blvd. onto 71st Continental Avenue. Proceed three blocks and turn right onto Dartmouth Street. Proceed one block to Tennis Place and make a right.

Alternate Route....Grand Central Parkway West to Queens Blvd. Exit. Take Queens Blvd. west to 71st (Continental) Avenue. Turn left onto 71st Avenue and proceed three blocks to Dartmouth Street. Turn right and proceed one block to Tennis Place and make a right.

Long Island (South Shore): Southern State Parkway west to Belt Parkway. Belt Parkway to Van Wyck Expressway north. Van Wyck Expressway to the Queens Blvd exit. At the end of the exit ramp turn right onto Queens Blvd. Take Queens Blvd. west to 71st (Continental) Avenue. Turn left onto 71st Avenue and proceed three blocks to Dartmouth Street. Turn right and proceed one block to Tennis Place and make a right.

DO NOT PARK ON THE STREETS. YOUR CAR WILL BE BOOTED

Mill Basin Health and Racquet

2350 East 69th Street, Brooklyn 11234 info@brooklynforlife.com (718) 444-3600

Club is 1 mile from Kings Plaza Shopping Center.

by Car:

Manhattan: From the Manhattan Bridge, take Flatbush Avenue. Stay to the right around Grand Army Plaza to continue on Flatbush Avenue. Turn left onto Avenue U and then right onto East 69th Street. The club is approx. 4-5 blocks down, on the right.

from the East: Belt Parkway to Exit 11 (Flatbush Avenue/Marine Park). Turn right onto Avenue U/Kings Plaza. Turn right onto East 69th Street. The club is approx. 4-5 blocks down, on the right.

Prospect Park Tennis Center

www.prospectpark.org 50 Parkside Avenue Brooklyn, NY 11226 (718) 436-2500

By Subway: **F Train** to Fort Hamilton Parkway station (exit at Greenwood/Prospect Ave., rear of the train). Walk straight up Greenwood Avenue, cross Prospect Park Southwest, turn right and walk towards the tennis courts. Clubhouse is between the two sets of courts/bubbles. **Q Train** to Parkside Avenue station. Continue down Parkside Avenue; just past the fields, you'll see the tennis courts. Clubhouse is between the two sets of courts/bubbles.

By Car:

Manhattan and Brooklyn Bridges: Take Flatbush Avenue to Grand Army Plaza. Continue on Flatbush; make right on Ocean Avenue; right on Parkside Avenue. Tennis courts are several blocks down, past the fields, on your left. Clubhouse is between the two sets of courts/bubbles.

BQE or Battery Tunnel: Exit onto Prospect Expressway. Take the Fort Hamilton Parkway exit. Proceed two blocks and make left on Caton Avenue. Make left on Coney Island Avenue and continue to Park Circle. The tennis courts are on your right. Clubhouse is between the two sets of courts/bubbles.

Queens: Grand Central to BQE towards Verrazano Bridge. Stay on BQE, go around Battery Tunnel, merge towards the left and exit at Prospect Expressway. Take Fort Hamilton Parkway exit (second exit). Proceed two blocks and make left on Caton Avenue. Make left on Coney Island Avenue (Exxon station on your right; Mobil station on your left) to Park Circle. At stop sign look across the circle to the right; you'll see the tennis courts. Clubhouse is between the two sets of courts/bubbles.

Jackie Robinson Parkway, exit onto Bushwick Ave. At the 2nd light, turn left onto Eastern Parkway. Follow Eastern Parkway for several miles (10 – 15 minutes depending on the lights). Look for Washington Avenue (it's just before the Brooklyn Museum) and turn left. Keeping the Park on your right, follow the street around; you will turn right on Empire Boulevard, then left on Ocean Avenue. At the circle, turn right onto Parkside. After about 3 – 4 blocks, you'll see the tennis courts.

Stadium Tennis Center at Mill Pond Park

725 Gateway Center Blvd.
(at East 152nd Street & the Harlem River Bronx NY 10451
(718) 665-4684
http://www.gothamtennis.com/stadium.html

By Subway:

Take the 2, 4 or 5 train to 149th Street/Grand Concourse. The tennis center is across the street from the Gateway Center.

B or D to 161 Street/Yankee Stadium.

Exit the subway and walk on River Avenue toward the old Yankee Stadium. (You will walk past the old Yankee Stadium on your right). At 157th street and River Avenue, make a right onto 157th street and follow the signs toward the Metro North Station and Mill Pond Park. Go up the stairs to the Metro North Station and then go down the stairs following signs to Mill Pond Park. Cross Gateway Center Boulevard and bear left for one block until you see the entrance to Mill Pond Park and Stadium Tennis Center.

By Car:

Upper West Side:

Take Riverside Drive to 135th Street and make a right. Turn left onto Amsterdam and then right onto 145th Street. Take the 145th Street Bridge. See below:

Upper East Side:

Park Avenue North to East 129th Street and turn left. Turn right onto Lenox/Malcolm X Drive and then right onto 145th Street.

From 145th Street Bridge:

After crossing the bridge, make an immediate left onto Gateway Center Blvd. The courts are on the left. Park in the Gateway Shopping Center.

The Club of Riverdale

2600 Netherland Avenue (in the Century Building) Riverdale NY 10463 (718) 796-9099

http://www.tcr-nyc.com/

By Bus:

BxM1 from East Midtown. The bus stops next to the club. (Kappock & Knolls Crescent)

By Train:

1 train to 207th Street and take the 20 bus to Kappock and Knolls Crecent

By Car:

Manhattan:

Major Deegan to Exit 10 (230th Street). Turn left at the light and then left under the elevated train onto Broadway. Make the 1st right onto 230th Street. At the end of the road, turn left onto Irwin Avneue. Go up the hill and turn right onto Kappock Street. At the traffic light, make a right onto Netherland.

Henry Hudson Parkway North to exit 18 (Kappock Street). Continue onto Kappock Street and then turn left onto Netherland Avenue.